

Anterior view

Posterior view

Iliotibial tract
Biceps femoris muscle
Fibularis (peroneus) longus muscle
Extensor digitorum longus muscle
Extensor hallucis longus muscle
Fibularis (peroneus) brevis muscle
Fibularis (peroneus) tertius muscle
Fibularis (peroneus) brevis muscle
Fibularis (peroneus) tertius muscle
Extensor digitorum longus muscle
Extensor hallucis longus muscle

Gastrocnemius muscle (medial head)
Semimembranosus muscle
Sartorius muscle
Gracilis muscle
Semitendinosus muscle
Quadriceps femoris muscle via patellar ligament
Tibialis anterior muscle
Flexor digitorum longus muscle
Flexor hallucis longus muscle
Fibularis (peroneus) brevis muscle
Plantaris muscle
Soleus and gastrocnemius muscles via calcaneal (Achilles) tendon
Tibialis posterior muscle
Tibialis anterior muscle
Fibularis (peroneus) longus muscle
Flexor digitorum longus muscle

 **Origins**
 **Insertions**

Note: Attachments of intrinsic muscles of foot not shown

Plantaris muscle
Gastrocnemius muscle (lateral head)
Popliteus muscle
Pes anserinus
Popliteus muscle
Soleus muscle
Tibialis posterior muscle
Flexor hallucis longus muscle
Fibularis (peroneus) brevis muscle
Plantaris muscle
Soleus and gastrocnemius muscles via calcaneal (Achilles) tendon
Fibularis (peroneus) longus muscle
Flexor digitorum longus muscle

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